The complexity of tourism as an object of study requires a methodological strategy to integrate constantly emerging knowledge from different disciplines of Social Sciences, so as to provide answers to problems that transcend them. So the question that has guided the work is, how to build interdisciplinarity based on the central variables of a complex system? As a reflection mode, is considered that the "Field of Analysis TEMA"- Time, Space, Motivations and Activities- (Campodónico & Chalar 2011, 2013A, 2013B, 2014) brings transversality, comprehensiveness and flexibility, necessary conditions to think a conceptual and methodological framework to assist the traditional scientific method to face complex challenges.

KEY WORDS: complexity, epistemology, interdisciplinary, field analysis, tourism